

San Diego Youth Services has provided transitional housing and supportive services to 16-24 year old single and parenting homeless and former foster youth since 1992. SDYS' transitional living communities consist of over 50 apartments in various neighborhoods of San Diego County. Our goal is to support youth as they transition to independence. Currently, SDYS provides housing and supportive services to approximately 85-95 youth and 35-45 young children each year.

Our transitional housing services are grounded in three fundamental values:

- 1) Mentor and Peer Support
- 2) Self-determination
- 3) Empowerment

Mentor and Peer Support: teaches individuals the necessity of forming familial-type relationships for happy and healthier living.

Self-determination: youth are encouraged to set goals and make decisions in their best interest.

Empowerment: engages youth to be involved at various levels of program planning, implementation and evaluation.



Our Transitional Living Communities are safe zones for LGBT youth.



San Diego Youth Services (SDYS) is a nationally recognized, comprehensive non-profit organization that has helped stabilize the lives of more than a half million young people and their families since 1970. Every day we work to fight the tragedies of homeless youth and youth in crisis. We administer our programs from fourteen locations throughout San Diego County.

Mission Statement: to help at-risk youth and their families become self-sufficient and reach their highest potential.

sdyouthservices.org

For more information please call
Phone: 619-221-8610

Para información en español
llame al 619-221-8610



Transitional Living Communities

Building futures for at-risk youth



nurturing self-sufficiency
and developing
a sense of community

3255 Wing Street
San Diego, CA 92110
619-221-8610
Monday-Friday
9am-6pm
Evenings and weekends by appointment



Take Wing

Take Wing Transitional Living Program (TLP) is an apartment complex located in the Sports Arena/Point Loma area of San Diego that offers transitional housing for homeless youth, including parenting youth, throughout the County for up to 18 cumulative months. The program provides 33 semi-furnished 1, 2 & 3 bedroom apartments. Program goals and objectives focus on each youth's transition to self-sufficiency and successful investment in a sense of community.

- Case Management and Goal Setting
- Independent Living Skills Training
- Parenting Classes
- Counseling
- Reduced Rent
- Community Meetings
- Youth Advisory Board
- On-site Resident Manager
- 24-hour Crisis Support



Voices From Our Youth

"THP-Plus has helped me and my children a lot. It has helped me work towards being on my own and supporting my kids. If it was not for this program, I would not know what to do. I would be having a really hard time. I feel that there should be more programs like this one to help more people."
– 18yr old female and single mother of two children



"There comes that day when we hold our head up high and make it known that we are not going to be known as that foster kid. You have a name. You can live and lead a good life. You can shrink the bad statistics and put a better statistic in place; the statistic that more foster youth will be successful and independent. That's where THP-Plus comes in. You are not alone, you have THP-Plus that wants to help. Take this opportunity to become successful and independent. You have a whole team cheering for you and the whole world to take on."
– 22yr old female



Transitional Housing Program Plus (THP-Plus)

THP-Plus provides affordable housing and comprehensive supportive services for up to 24 cumulative months to help former foster youth ages 18 to 24 make a successful transition from out of home care to independent living. The program provides 25 furnished and unfurnished studio, 1 and 2 bedroom apartments through SDYS' 35th Street, Fir Street, and Johnson Avenue Apartment complexes as well as additional leased apartments in the North Central, Central and East Regions of San Diego County.

THP-Plus is grounded in four key principles:

1. Emancipated youth are legal adults and should be subjected to fewer restrictions than those who are younger.
2. Program rules are distinct from those that apply to youth currently in the foster care system.
3. Program allows youth to have the greatest amount of freedom possible in order to prepare them for self-sufficiency.
4. THP-Plus is not solely a housing program; it is a supportive program which provides youth with a wide range of services.

The following services are provided:

- Case Management and Goal Setting
- Independent Living Skills Training
- Counseling
- 24-hour Crisis Support
- Individual Saving Accounts
- \$500 Move-in Stipends
- \$20/Month Credit toward Utilities
- Food & Necessity Stipend
- Youth Advisory Board
- Community Meetings

